



Learning and Development Opportunities

www.aberdeenshireadp.org.uk

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Learning and Development in Aberdeenshire Alcohol and Drug Partnership (ADP) Introduction

Effective learning and development is a continuous flexible process that meets the needs of the work and the learner. Learning is not attendance at a course although this could be part of learning. Learning includes skill, knowledge and attitudinal development. There are various styles of learning¹ visual, listening, reading and writing, and doing are some of these and everyone is different. It is important that performance appraisal and development planning takes into account the range of styles and opportunities.

This directory brings together some learning opportunities that are available for skills, knowledge and attitudes that are important to work in the alcohol and drugs field. Other opportunities could be work shadow, secondment, reflection, coaching, mentoring, policies, guidelines, personal study etc.

Aberdeenshire ADP is not responsible for the quality of any learning opportunities mentioned here unless it is a directly commissioned intervention. Any problems or complaints should be directed to the providers with the ADP copied in.

Aberdeenshire Learning and Development online (ALDO)

ALDO is Aberdeenshire's on line learning facility. Here you can book onto classroom training and access e-learning.

To access ALDO, you will require a username and password.

For new accounts you will need to explain you work external to Aberdeenshire Council, provide full name and email address. Please contact training.courses@aberdeenshire.gov.uk

Logging into ALDO constitutes agreement to the use of this information as described in the Fair Processing Notice located in the Quick Links block on ALDO's home page. Another quick link gives the Responsibilities of Users accessing the system.

AT Learning

AT learning is NHS Grampian's on line learning resource. Here on line course booking system and access to e-learning can be found. Access to this can be arranged through contacting NHS Grampian Learning and Development.

ASIST

Applied Suicide Intervention Skills Training is a 2 Day Course that can be booked through AT Learning or using instructions in the document below.



Asist_flyer_2016v2[1].doc

¹VARK a guide to Learning Styles <http://vark-learn.com/> (accessed 10/03/2016)

Skills for Health

Skills for Health, a not-for-profit organisation committed to the development of an improved and sustainable healthcare workforce across the UK. They develop, manage and update competences involved in the National Occupational Standards. [Skills for Health](#)

E learning resources can be accessed from the [Skills For Health e-learning platform](#)

[Drug and Alcohol National Occupational Standards \(DANOS\)](#) describe the knowledge and skills involved in work with people that have problems with alcohol and drugs

Standards and Codes

[Code of Practice for Social Care Workers](#)

[Nursing and Midwifery Council Code](#)

Websites

[Alcohol and Drug Findings](#)

[Drug Wise](#)

[Know the Score](#)

[Drugs Meter](#)

[Drink Smarter](#)

[Drink Aware](#)

[Alcohol Focus Scotland](#)

[Tictac Drug identification](#)

[Drug and Alcohol Findings](#)

[NICE Pathways for Alcohol-use-disorders](#)

[The matrix](#): a guide to delivering evidence based psychological therapies in Scotland.

[Mentor](#) supports the use of evidence based health promotion programmes linked to alcohol and drugs

<http://nhs.learnprouk.com/>

Robert Gordon University

Addiction and Substance Misuse in a Range of Contexts

30 credits at SCQF Level 11 (MASTERS). Blended learning

http://www4.rgu.ac.uk/prospectus/modules/disp_moduleView.cfm?Descriptor=NUM066&Revision=1

Abertay University

MSc in Mental Health Nursing

Flexible online learning

Core Modules: Recovery and Self-Management, Research Methods, Research Project.

Option Modules: Motivational Interviewing, Mental Health in Older Adults, Crisis Intervention and Resolution, Work-based review, Leadership.

[http://nhsgintranet.grampian.scot.nhs.uk/portal/LZ/Lists/News%20Articles/Attachments/356/MSc_MHN_\(1\).pdf](http://nhsgintranet.grampian.scot.nhs.uk/portal/LZ/Lists/News%20Articles/Attachments/356/MSc_MHN_(1).pdf)

On line Learning

Skills for Health

Among the titles to be found at the [Skills For Health elearning platform](#) are

- [Communication](#)
- [Consent](#)
- [Duty of Care](#)
- [Fluids and Nutrition](#)
- [Person-Centred Care](#)
- [Privacy and Dignity](#)
- [Conflict Resolution](#)
- [Equality, Diversity and Human Rights](#)
- [Fire Safety](#)
- [Infection Prevention and Control: Clinical](#)
- [Infection Prevention and Control: Non-clinical](#)
- [Health, Safety and Welfare](#)
- [Information Governance](#)
- [Moving and Handling](#)
- [Patient Moving and Handling](#)
- [Safeguarding Adults](#)
- [Safeguarding Children](#)

Learnpro

Learnpro is a platform that NHS Education For Scotland uses for elearning. NHS staff can access the site through the following link to set up an account

https://nhs.learnprouk.com/lms/login.aspx?ReturnUrl=%2flms%2fuser_level%2fwelcome.aspx .

Non NHS staff can apply for an activation code at the following link

https://community.learnprouk.com/lms/login.aspx?ReturnUrl=%2flms%2fuser_level%2fwelcome.aspx

[px](#)

Topics at Learnpro

Psychological Intervention

See, think, and act: Relational Security

Motivational Interviewing

Introduction to Trauma

An Introduction to Cognitive Behavioural Therapy

Co-occurring Substance Misuse and Mental Health Disorders

The Knowledge Network

NHS Education for Scotland free e-learning resource on Fetal Alcohol Harm

<http://www.knowledge.scot.nhs.uk/home/learning-and-cpd/learning-spaces/fasd.aspx>

Health Scotland

Free online elearning

<http://elearning.healthscotland.com/>

Topics at Health Scotland

Healthy Working Lives for Employers

Alcohol in the workplace

Raising the question of alcohol

Health Scotland cont.

For Practitioners

Alcohol Brief Interventions

Health Behaviour Change

Health Inequalities Awareness

Social Care Institute for Excellence (SCIE)

Free e-learning

<http://www.scie.org.uk/publications/elearning/index.asp>

Topics in SCIE

Parental Substance Misuse

Poverty, Parenting and Exclusion

Communication Skills

NHSG Hi Net

Naloxone Awareness, pre-training for trainers module

<http://www.hi-netgrampian.org/people-networks/alcohol-and-drugs-in-grampian/naloxone/>

Kings College London

Free Online Course - Understanding Drugs and Addiction

<https://www.futurelearn.com/courses/understanding-drugs-and-addiction/>

Health Education North West

Free online resources - Working with Substance Use

<https://workingwithsubstanceuse.wordpress.com/>

Re-solv

Free on line learning resource in Volatile Substance Abuse

<http://www.re-solv.org/vsa-e-learning-resource>

Substance Misuse Management in General Practice (SMMGP)

Free e-learning courses

<http://www.smmgp-elearning.org.uk>

Topics in SMMGP

Naloxone Saves Lives

Community Management of alcohol Use Disorders

Healthy Schools

Free, Young Carers e-learning Module

<http://www.childrensociety.org.uk/sites/default/files/Young-Carers-Web-Pub-v13/player.html>

Primary Literature via Athens

NHS Health Scotland provides a library function summarising papers from respected journals across a range of topics, one of which is alcohol and drugs. You can obtain an Athens username and password and guidance on how to use it by registering on the Knowledge Network website: <http://www.knowledge.scot.nhs.uk/login.aspx>. Please specify that you are registering in your capacity as an ADP member as this will legitimise your application as 'someone working in partnership with the NHS' for free membership.

SDF Training Provision 2016 in Aberdeen

SDF plan to run the following in Woodend for Aberdeen City and Shire. Booking will be managed by SDF.

Course title	Course duration	Dates booked	Booking from
Working with people who use alcohol and other drugs	4 days	25 th and 26 th Aug 2016 1 st and 2 nd Sept 2016	1 st July 2016
Introduction to motivational interviewing	2 days	23 rd and 24 th Jan 2017	1 st Nov 2016
Intermediate motivational interviewing	3 days	20 th and 21 st Feb 2017 10 th Mar 2017	1 st Nov 2016
Substance use and stigma	1 day (running this course 3 times)	22 nd Sept 2016 27 th Oct 2016 15 th Nov 2016	1 st July 2016