



Aberdeen City & Aberdeenshire ADPs

Understanding Stigma: Promoting Inclusive Attitudes and Practice:

This one day learning and development opportunity will give participants a distinct set of knowledge and skills to help them understand and address alcohol and drug-related stigma.

Learning Outcomes

By the end of the course, participants will be able to:

- Recall the meaning of stigma and the theory relating to stigma,
- Identify and understand the specific stigma attached to people who use substances, people in treatment or in recovery from substance use.
- Describe the consequences of the cycle of stigma.
- Identify our own attitudes and beliefs towards treatment options and treatment outcomes for substances.
- Identify language and practice which de-stigmatises people affected by substance use.
- Challenge stigma attached to people who use substances, people in treatment or in recovery from substance use.

Venue: Staff Home, Woodend Hospital, Aberdeen, AB15 6XS.

Dates: 22nd September (Library), 27th October (Library), 15th November (Ythan Room).

To book your place and view full course descriptors, please visit:

www.sdfworkforcedevelopment.org.uk

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.